



The Wayland XC Festival

Presented by Baldwin Insurance Agency

Sunday, October 9, 2016

EVENT: A fun and challenging cross-country race through fields and wooded trails.

PLACE: Wayland High School / 264 Old Connecticut Path / Wayland, MA 01778

COURSE: 3K (14 and under) and 5K (open) cross-country courses.
3K Youth (11-14) starts at 9:30AM / 3K Youth (10 and under) starts at 10:00AM.
5K Open starts at 10:30AM.

AWARDS: Male and Female Classes.
3K Youth: Top 3 in Class: 8 and under, 9-10, 11-12, 13-14
5K Open: Top 3 Overall; Top in Class: 39 and under, 40-49, 50-59, 60+.
Teams: 3K (10 and under, 11-14)

BACKGROUND: The purpose of this race is to promote fitness in children and adults. Proceeds support Wayland cross-country teams.

ENTRY FEE: 3K Youth and High School: Pre \$6.00, Post \$12.00. 5K Open: Pre \$17.00, Post \$25.00.
Make checks payable to HFC STRIDERS. No Refunds.

INFORMATION: Visit our website at www.waylandxc.com and www.hfcstriders.com
You can also contact Chris at 203-435-0741 or canning@waylandxc.com.

SPONSORS:



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Please print, complete and mail application with entry fee to:

HFC STRIDERS
C/O Chris Canning
215 B Olde Derby Road
Norwood, MA 02062

NAME:

BIRTHDAY: / / AGE (As of 10/9/2016):

GENDER: M F

ADDRESS:

CITY: STATE: ZIP:

PHONE: - -

EMAIL:

CLUB / TEAM:

REGISTRATION: 3K YOUTH	PRE \$6.00 <input type="checkbox"/>	POST \$12.00 <input type="checkbox"/>
5K HIGH SCHOOL	PRE \$6.00 <input type="checkbox"/>	POST \$12.00 <input type="checkbox"/>
5K OPEN	PRE \$17.00 <input type="checkbox"/>	POST \$25.00 <input type="checkbox"/>

Make checks payable to HFC STRIDERS. No refunds.

Note: Pre-registration payment must be postmarked October 6, 2016 or visit www.waylandxc.com.

WAIVER AND ASSUMPTION OF RISK: I know that running a cross country race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume all risks associated with participating in this event, including but not limited to falls, contacts with other participants, the effects of the weather, traffic and the conditions of the course. All such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry the HFC Striders, the Town of Wayland, Wayland High School, race officials, volunteers and all sponsors, their representatives and successors are hereby and forever released from any and all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recording or any record of this event for any legitimate purpose. No Refunds.

Signature: _____ (parent or guardian if under 18) Date: _____